

Over the last couple of months many people have been offering help and support in Laxfield to people who are self-isolated or shielding due to COVID 19. We're very lucky to live in such a caring community and in many ways, it seems that the current situation has brought us closer together.

Following on from this, we've had a lot of support from the Church, the Chapel, Parish Council and others in Laxfield for setting up a Good Neighbour Scheme so that we can continue to support people living in the area, once this pandemic is over. It would be a great legacy from this challenging time.

### **What is a Good Neighbour Scheme?**

- It's a recognised scheme, supported by Community Action Suffolk and run by local volunteers.
- A core group of volunteers take turns to monitor the scheme's dedicated phone or answer voicemail messages.
- They are backed up by a larger team of volunteers who agree to help in different ways.
- The telephone number of the scheme is circulated throughout the community and any resident in genuine need can call the line for help of the kind mentioned in the questionnaire.
- Each call is matched to an appropriate volunteer who is available on the date required and has any necessary skills for the task.
- The volunteer arranges an agreed time and day to assist the resident as requested.

### **By contacting the scheme you may be able to ask for help with:**

- Transport to the GP, hospital, shops or even work: - maybe you have injured yourself and can't drive.
- Getting in some food or provisions because you are unwell, or have a poorly child and can't get out of the house
- Help with filling in a form/technology
- Help around the home or garden
- Company/friendship
- Advice on what is available locally, such as groups/activities including local tradespeople.

Please take a couple of minutes to answer the questions on the next page, to help us to understand what sort of assistance you think is needed and what you could offer to help.

Many Thanks!

Laxfield Covid 19 Community Support Group

Tim Mawson, David Burrell, Ron Orams, Jan Watkins, Sarah Godfrey, Marc Godfrey, Sue Innes, Georgina Salter, Sue Gleave

We are supported by Community Action Suffolk

RETURN THE SURVEY BY EMAIL; download the form and send it to [sue.gleave@live.co.uk](mailto:sue.gleave@live.co.uk)

RESPONSES BY 30/6/20 PLEASE. Any queries, please contact Sue at [sue.gleave@live.co.uk](mailto:sue.gleave@live.co.uk).